



NORTHBOUND

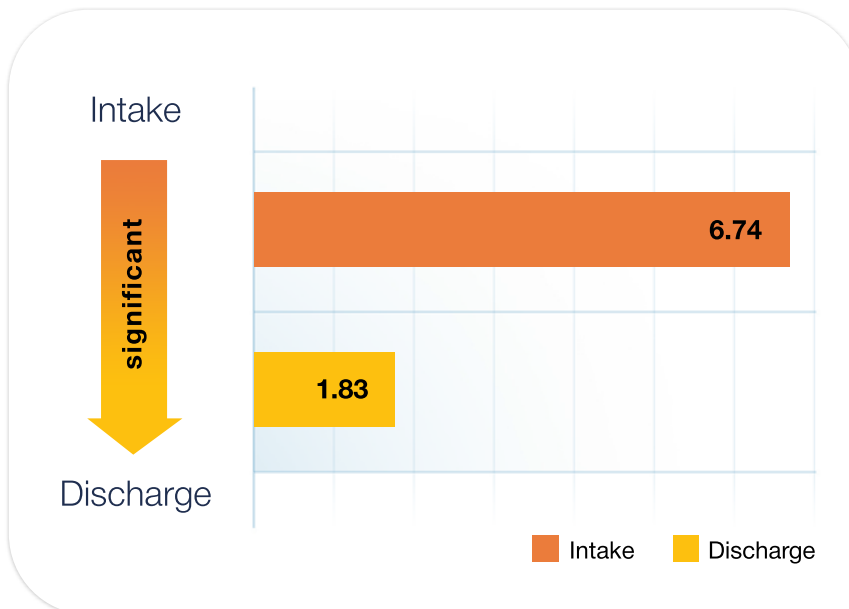
Report on Client Outcomes

Northbound undertook an evaluation of the effectiveness of their treatment services in order to ensure we are best serving our clients. Findings presented here indicate that Northbound clients report dramatic improvements in substance abuse symptoms during treatment, as well as improvements in mental health and quality of life. Findings from surveys with clients after discharge suggest that these domains continue to improve after treatment.

Note: On all domains, lower scores indicate fewer problematic symptoms; as such, reductions in scores represent improvements in symptoms and functioning.

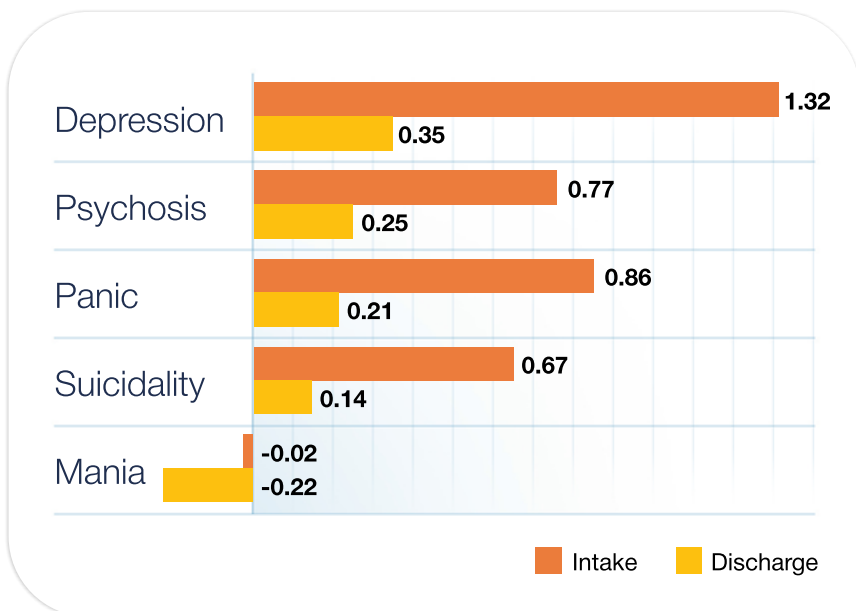
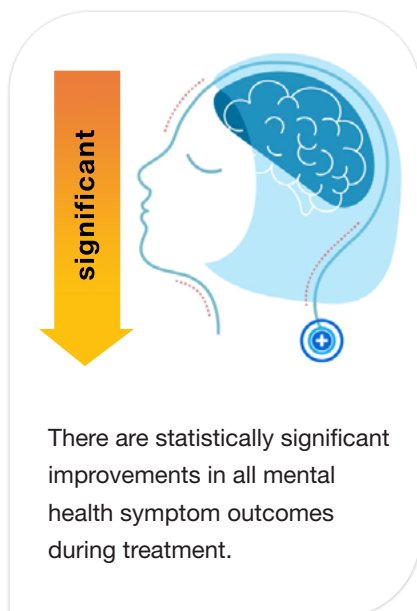
In-Treatment Outcomes

Substance Abuse Domain Score



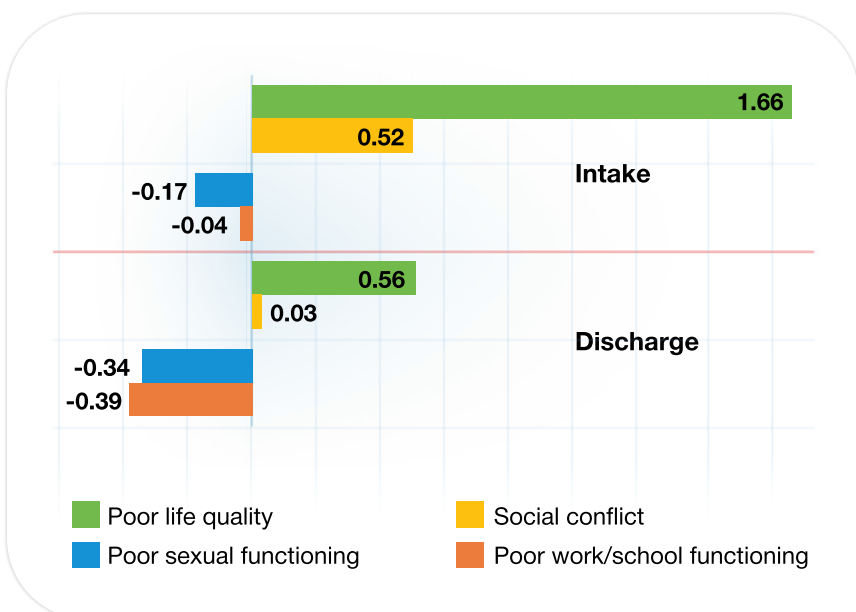
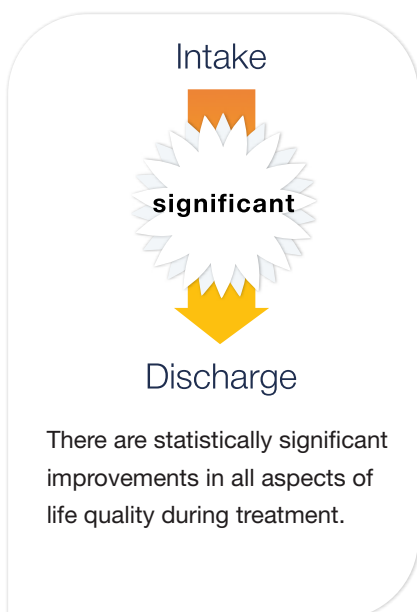
Clients report large, statistically significant decreases in problematic substance use symptoms during treatment.

Mental Health

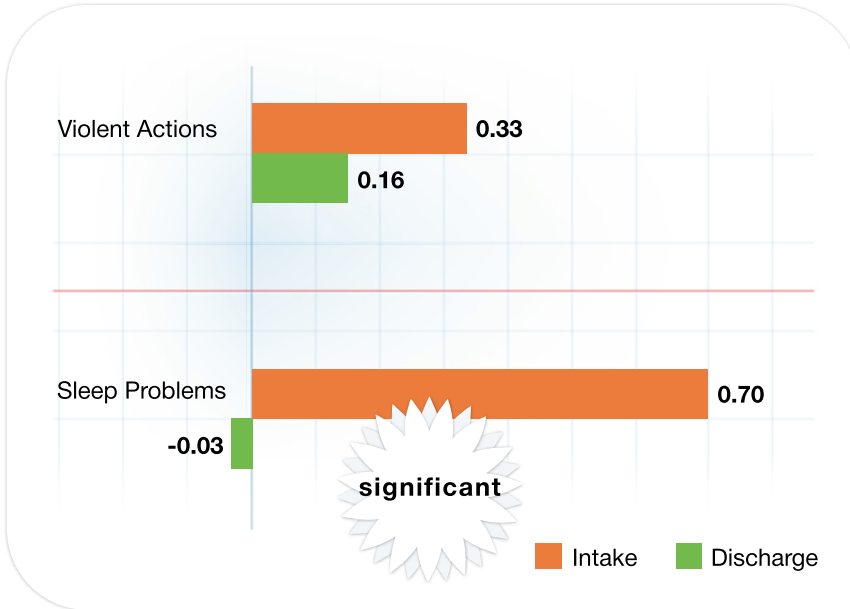
There are statistically significant improvements in all mental health symptom outcomes during treatment.

Quality of Life

There are statistically significant improvements in all aspects of life quality during treatment.

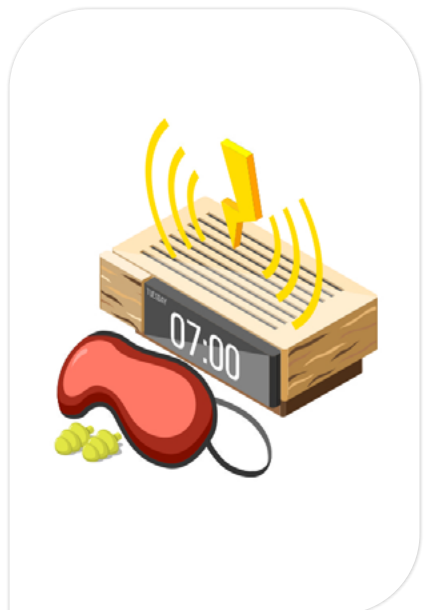
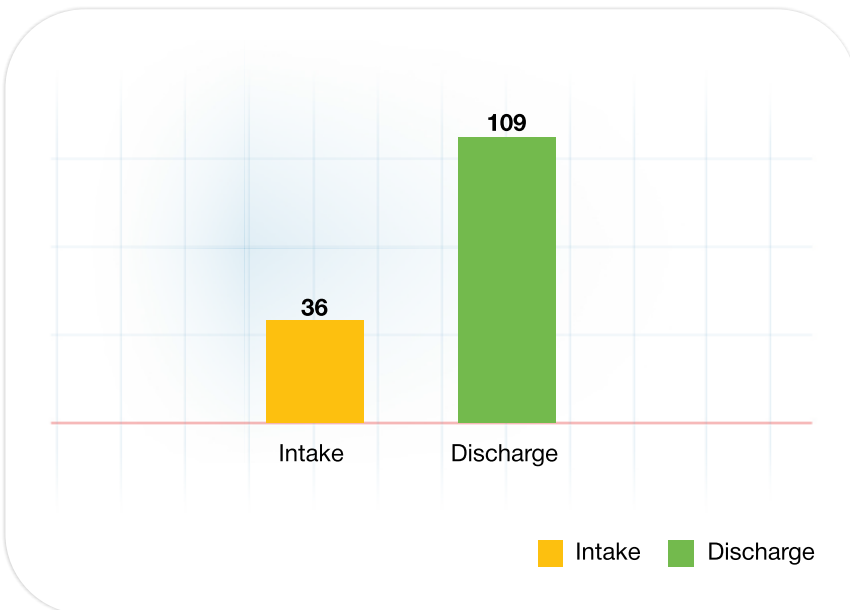
Violence and Sleep Problems




Violent thoughts/actions decrease, but do not change statistically significantly during treatment.

Sleep problems decrease statistically significantly during treatment.

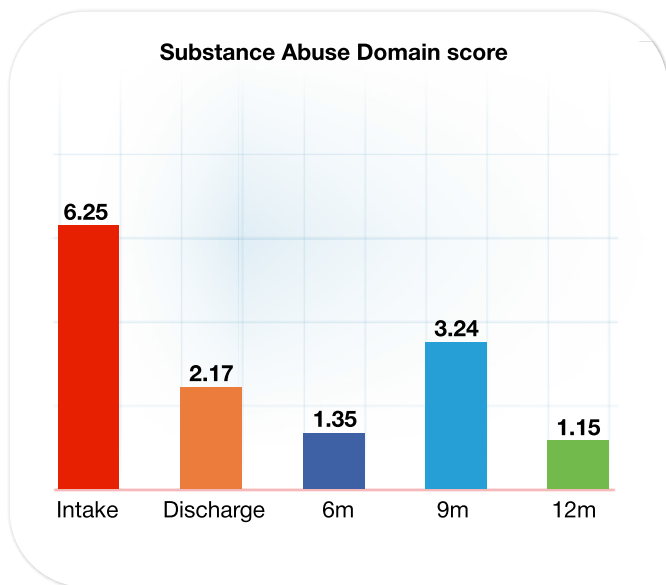
Days sober during treatment



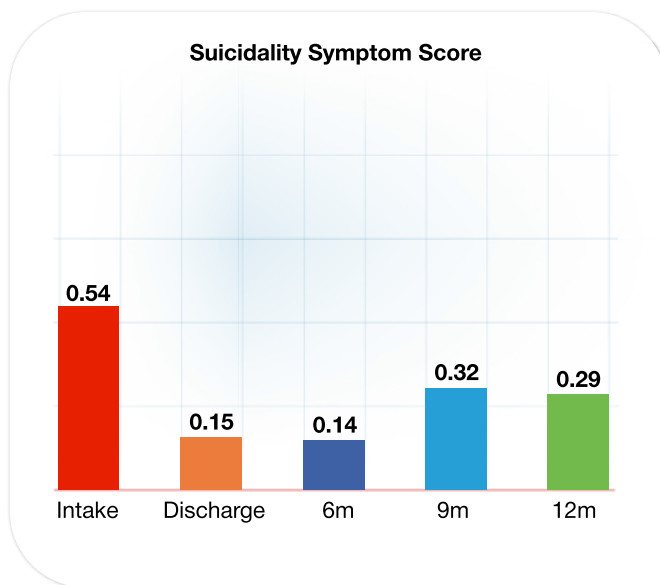
Post-treatment outcomes

Post-treatment assessments show that improvements in substance use, mental health, and overall life quality sustain or continue to improve among the subsample reporting on outcomes up to 12-months after intake.

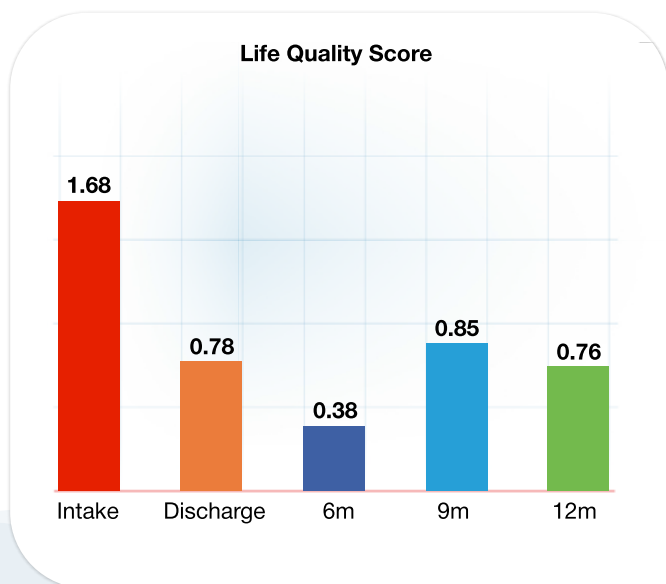
Substance Abuse



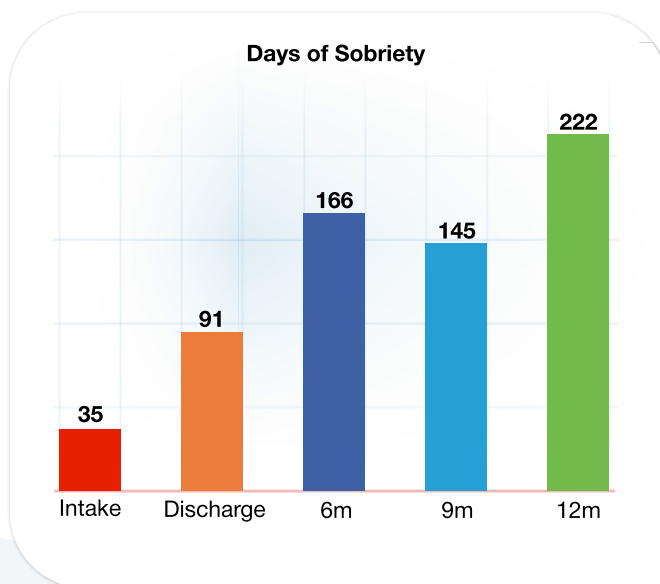
Suicidality



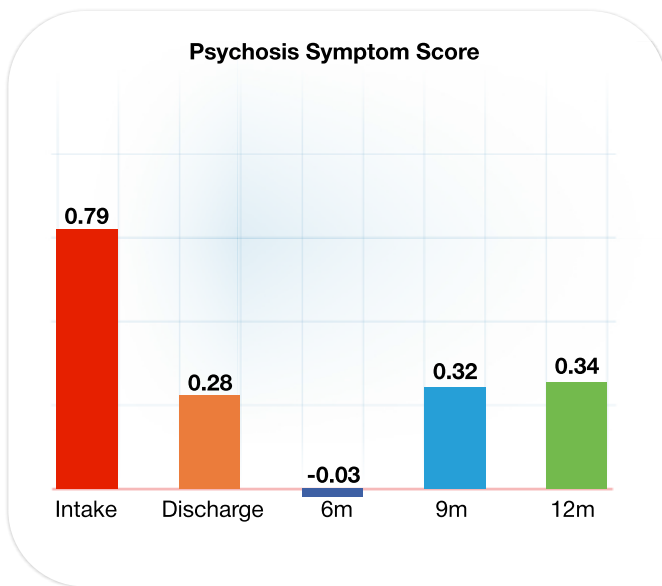
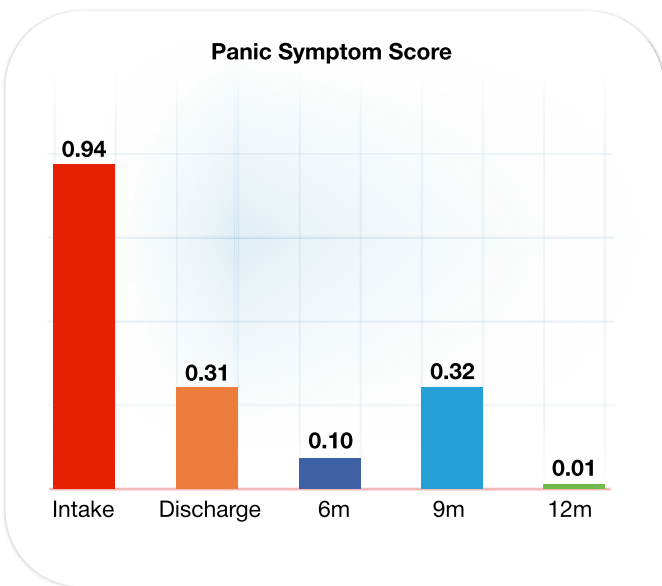
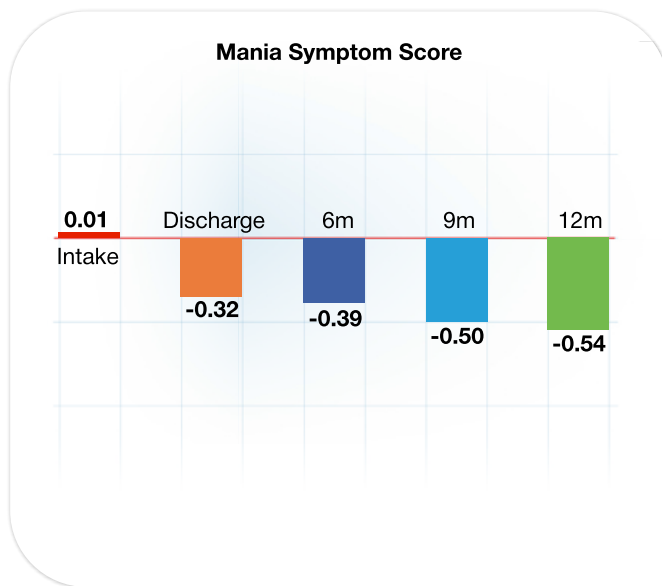
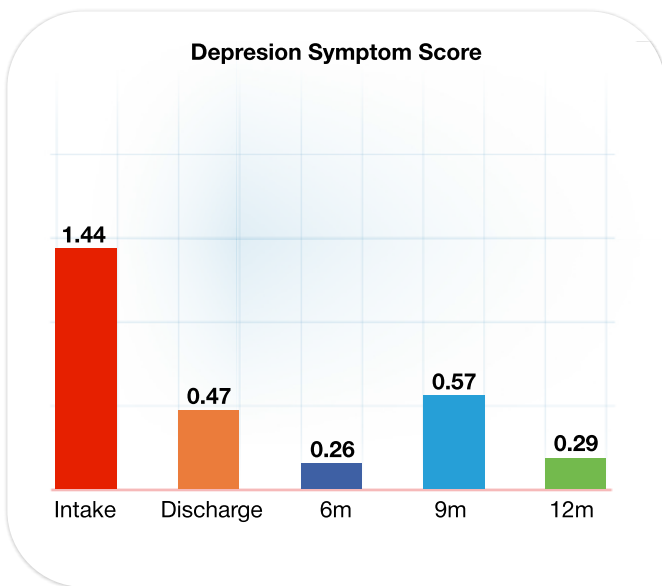
Life Quality



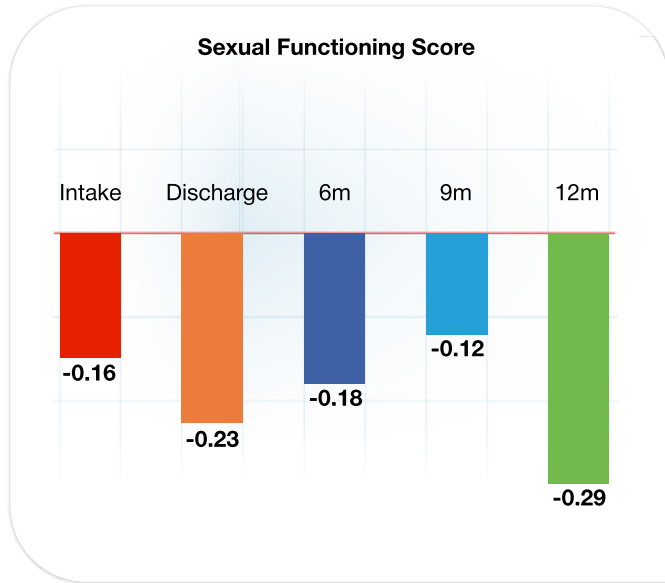
Sobriety Days Post-Treatment



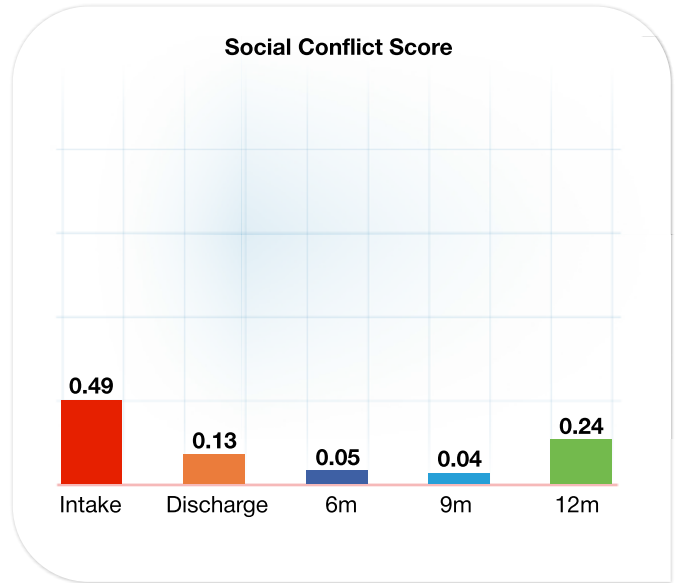
Mental Health



Sexual Functioning



Social Conflict



Other Outcomes

